

POSTOPERATIVE INSTRUCTIONS AFTER SOCKET GRAFTING

- Prescribed medications should be taken as directed.
- For the first 12 hours after the surgery, ice packs should be placed extraorally over the surgical site (15 mins on/ 15 mins off).
- A small amount of blood oozing from the surgical site is normal; however, in the event of such bleeding, the patient should bite sown on gauze for 30 to 45 minutes. If bleeding is excessive, the clinician's office should be contacted immediately.
- Starting the second day after surgery, the patient should rinse with warm salt water per the clinicians instructions.
- A soft diet should be followed in the area for the next 2 weeks.
- Sucking on a straw, spitting or smoking should be avoided for 48 hours.
- Brushing near the grafted site should be avoided for 1 to 2 days.
- The patient should relax as much as possible and avoid all strenuous activities for the first 24 hours following the surgery.
- The office should be contacted if the patient experiences a fever of 40 degrees or higher, excessive bleeding, unusual pain, or reaction to the medications prescribed.
- The patient should return for the postoperative follow-up and suture removal in 2 weeks' time.