

IMMEDIATE DENTURE

Please follow these instructions:

Do not remove your immediate denture today as you will not be able to insert them again due to post-operative swelling.

Tomorrow, remove the denture and rinse the blood from the fitting surface and rinse your mouth with warm salty water. Wear the denture for the first night. After this, remove the denture at night. Continue this procedure several times over the next couple of weeks.

Maintain a diet of soft nutritious foods (for example, yoghurt, scrambled eggs, milk). Do not smoke, drink alcohol or take part in any strenuous activity for the next 24 hours.

Brush denture with the solution supplied. After some time, the denture will become loose and reline will be required at an additional cost. Use the denture adhesive when needed.

Should you have any pain take Panadol as directed on the packet. If the denture is rubbing, please contact the clinic.

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